

BACKBONES is changing Hands..... September 2008

It all started in 1981 with treating a friend and having my first baby....
Twenty seven years on, my busy clinic Backbones is about to enter a new phase as
the Cedar Hall Clinic.

I am particularly delighted to pass the goodwill of my practice into the capable hands
of two dynamic ladies, Sara Lovett and Jacki Milne, who intend to continue the
friendly family atmosphere we have created over the years.

I have been dedicated to building a practice based on commitment and trust always
striving to offer the latest therapies....Vorsprung durch Technik!!....
I have gladly put my heart and soul into the years of looking after your health, sharing
some difficulties, swapping stories, seeing our families grow up, putting the world to
rights and of course last and not least, we have shared many laughs!!

Most things will stay the same....you will see the familiar faces of our lovely
receptionists :tidy Maureen, efficient Hazel, smiley Rita and clever Liz. Laid back
Mario and la belle Helene will continue on their usual days. I am pleased to have been
asked by Sara & Jacki to continue working in the new Cedar Hall Clinic to see my
Bowen patients on Tuesdays.

In addition you will now be able to see Sara who is a structural and visceral osteopath
and will be great for those of you who like a firm treatment with manipulation!And
Jacki, who as well as structural osteopathy also offers cranio sacral treatment. Both
ladies are GOsC registered.

My pictures will remain for the time being for those who like to see my art. In the
course of the next few months you will see a change there, as I am planning to attend
Art School in London once a week to become proficient
in the art of painting oil like the old masters!!

I would like to wish the new owners Sara and Jacki luck and success with Cedar Hall
Clinic! May it continue to grow and flourish and push back the boundaries of
abundant health for many years to come!!!

It remains for me to thank you my patients and friends for the journey we have shared
and the loyalty you have shown me. We have reached across the boundaries of
nationalities to achieve a common ground of humanity and pursuit of a healthier
happier life style. My desire has always been to treat patients as individuals in a way I
like to be treated myself. It has been a privilege and pleasure to assist and serve the
community of Thundersley (and beyond!!)

Wishing you Love, Light and Health!

Yours affectionately with the kindest regards and hope you will embrace
a happy future.

☺ Silke Ukena ☺